**This document is for you to adapt for your patient(s). Please ensure that you customise the information so that it is appropriate (see bulletin for further examples). Once you have made your amendments check that important information isn’t split across two pages. This section should be deleted prior to giving to the patient.**

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**Information about stopping your trimipramine treatment and changing to imipramine**

Your trimipramine dose will be stopped and changed to a drug called imipramine. Imipramine is in the same class of drugs as trimipramine, known as tricyclic antidepressants. Your trimipramine dose will be reduced gradually over [X] weeks. The plan to reduce your dose is shown on the table below.

If you experience any problems or side effects during this change in your treatment, please call your GP/nurse/pharmacist on [insert telephone number].

|  |  |
| --- | --- |
| **Your name** |  |
| **Your GPs name** |  |
| **The change being made to your treatment**  | Changing your current prescription for trimipramine to imipramine |
| **How long will this change take?** | [x] weeks |
| **When do I need to come in for a review?** | Example **-** you will need to come in every two weeks to be reviewed and issued a new prescription. |

**How your medication will be changed over [x] weeks**

|  | **Daily dose** | **How to take your medication** | **Your weekly prescription** |
| --- | --- | --- | --- |
| **Your current dose** | 150mg trimipramine | You currently take one 50mg capsule three times a day **OR** you take three 50mg capsules at night [delete as necessary] | 21 x 50mg capsules |
| 0mg imipramine | - | - |
| **Week 1**  | 100mg trimipramine | Take one 50mg capsule twice a day **OR** Take two 50mg capsules at night [delete as necessary] | 14 x 50mg capsules |
| 50mg imipramine | Take one 25mg tablet twice a day | 14 x 25mg tablets |
| **Week 2** | 75mg trimipramine  | Take one 25mg tablet three times a day **OR** Take three 25mg tablets at night [delete as necessary] | 21 x 25mg trimipramine tablets |
| 75mg imipramine | Take one 25mg tablet three times a day | 21 x 25mg tablets |
| **Week 3** | 50mg trimipramine | Take one 50mg capsule at night | 7 x 50mg trimipramine capsules |
| 100mg imipramine | Take one 25mg tablet in the morning and afternoon and two 25mg tablets at night | 28 x 25mg imipramine tablets |
| **Week 4** | 25mg trimipramine | Take one 25mg tablet at night | 7 x 25mg trimipramine tablets |
| 125mg imipramine | Take five 25mg tablets daily in divided doses [note to reviewer- insert directions in divided doses to suit the patient] | 35 x 25mg imipramine tablets |
| **Week 5** | **STOP** trimipramine  | No trimipramine will be prescribed in week 5 |
| Imipramine | Add imipramine doseNote to reviewer - if needed dose can be taken to 150mg-200mg. Maintain this dose until improvement is seen then gradually reduce to a maintenance dose of 50mg to 100mg. |