

## Public Health services commissioned by KCC: Smoking Cessation. Information for practices.

Practices are requested to follow the processes documented below to ensure items are only prescribed with behavioral support. The recommendations apply to all strengths and both branded and generic forms unless otherwise specified.

Please note – under the GMS contract, a GP has the right to prescribe any products to meet an identified need. However, the costs of any such prescribing (i.e. under GMS but outside the contracted Public Health services) will remain with practice's prescribing budget and will not be reimbursed to the CCG by Public Health – Kent County Council (PH-KCC).

As of 1<sup>st</sup> January 2018 varenline (Champix®) is available from stop smoking services under patient group direction (PGD)

Service	Type of practice	Product	Recommended action by GP practice	Product	Recommended action by GP practice
Stop smoking Services (SSS)	Non-dispensing practice AND holding contract for SSS	Nicotine Replacement Therapy (NRT) all products <b>AND</b> Oral varenline	<b>Do not supply NRT or varenline on FP10</b> If SSS advisers (in-house or external) recommend NRT, the patient to obtain through the SSS community pharmacy scheme	Oral stop smoking product:  bupropion (Zyban)	Only prescribe bupropion on FP10 following a written request from a SSS adviser (in-house or external) to consider prescribing. This will ensure behavioral support is also provided.
	Dispensing practice AND holding contract for SSS		Two routes to supply (1) <b>Supply NRT or varenline on FP10</b> <b>KCC will refund all clients who are prescribed or provided NRT or varenline through the PGD.</b>  (2) <b>Do not supply NRT or varenline on FP10</b> If SSS advisers (in-house or external) recommend NRT, the patient may obtain through the SSS community pharmacy scheme.		
	Non-dispensing practice No contract for SSS		<b>Do not supply NRT on FP10</b> Patient to self-refer to Stop Smoking Services details below		
	Dispensing practice No contract for SSS				
	All practices (Taking above into account)	NRT <b>AND</b> oral stop smoking products  (All preparations)	<b>Action to take for patients requesting supply of NRT or oral preparations</b>  <b>NRT and varenline:</b> Do not prescribe on FP10 - Patient to self-refer to Stop Smoking Services; details below contact the QUIT number. GP can refer using referral form.  <b>Oral preparation (bupropion):</b> Only consider prescribing following a written request from a SSS adviser  <b>Post-acute</b> Patients are provided with 2 weeks supply and contact details for community SSS.		
<b>Contact details</b>					
<b>Stop Smoking Service (SSS) contractors and advisers</b>	Rachel Ward (Health Improvement Officer GP & Pharmacy East Kent, KCHFT) Telephone: 01304 828754 Mobile: 07747 461160 email: <a href="mailto:Rachel.ward4@nhs.net">Rachel.ward4@nhs.net</a>				
<b>QUIT line - public information and GP referrals</b>	Telephone 0300 123 1220 or text 'quit' to 87023 Smokefree Kent <a href="http://www.kent.gov.uk/social-care-and-health/health/smokefree-kent">http://www.kent.gov.uk/social-care-and-health/health/smokefree-kent</a>			<b>Public Health – KCC:</b> Mark Gilbert 03000 416 148 <a href="mailto:Mark.Gilbert@kent.gov.uk">Mark.Gilbert@kent.gov.uk</a>	

Provided on behalf of: East Kent Prescribing Group (Representing Ashford CCG, Canterbury and Coastal CCG, South Kent Coast CCG and Thanet CCG) Date: February 2018

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