

FAQs on Gluten Free Recommendation – November 2018

Recommendation

The Department of Health and Social Care (DHSC) has announced a decision to restrict Gluten free (GF) and Gluten free/wheat free (GF/WF) prescribing to bread and mixes only.

DHSC will be amending the regulations that will allow this change as follows

- Part XV ('ACBS list') of the Drug Tariff will be amended to remove the GF and GF/WF products which are discontinued or withdrawn by suppliers/manufacturers
- The NHS (General Medical Services Contracts) (Prescription of Drugs etc.) Regulations 2004 will also be amended to prevent prescribers from ordering GF products (except for breads and mixes) on prescription.

The products which are currently on the East Kent approved list are shown below and overleaf

Please note this list may change as the DHSC completes the review of the above regulations

Table of recommended number of units per month**	
** Taken from the national prescribing guidelines- Coeliac U.K**	
Age and sex	Number of units
child 1-3 years	10
child 4-6 years	11
child 7-10 years	13
child 11-14 years	15
child 15-18 years	18
male 19-59 years	18
male 60-74 years	16
male 75+ years	14
female 19-74 years	14
female 75+ years	12
breastfeeding	add 4
3rd trimester pregnancy	add 1

COMPANY	DELIVERY CHARGES	TEL NUMBER
Genius	No charge if ordered directly from (via Alliance wholesalers)	0845 8744000
Glutafin	Available from UDG with no delivery charge	01773 510 123

Approved by: East Kent Prescribing Group (Representing Ashford CCG, Canterbury and Coastal CCG, South Kent Coast CCG and Thanet CCG)

Date: Nov 2018

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Juvela	Available from UDG with no delivery charge	01773 510 123
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Long Life products	Pack 474g size	Units
Barkat Wholemeal Sliced Loaf	500g	1
Barkat Sliced Brown Loaf	500g	1
Barkat white rice bread	500g	1
Glutafin Gluten Free Fibre Loaf Sliced	300g	1
Glutafin Gluten Free White Loaf Sliced	400g	1
Glutafin Gluten Free Select Fibre Loaf Sliced	400g	1
Glutafin Gluten Free Select Seeded Loaf Sliced	400g	1
Glutafin Gluten Free Select White Loaf Sliced	400g	1
Juvela gluten-free fibre loaf sliced 400g	400g	1
Juvela gluten-free fibre loaf unsliced 400g	400g	1
Juvela gluten-free white loaf sliced 400g	400g	1
Juvela gluten-free loaf white unsliced 400g	400g	1
FRESH BREAD PRODUCTS		
Glutafin Select Fresh Fibre #	400g	1
Glutafin Select Fresh White #	400g	1
Juvela Fresh White Sliced Loaf #	400g	1
Juvela Fresh Fibre Sliced Loaf #	400g	1
Juvela Fresh Fibre Rolls #	425g	1
Juvela Fresh White Rolls #	425g	1
Genius Brown Farmhouse Loaf #	535g	1
Genius brown sandwich Loaf#	535g	1
Genius White sandwich Loaf#	535g	1
Genius Gluten Free - White sandwich Loaf Sliced#	400g	1
Genius Gluten Free – Brown Sandwich Loaf Sliced#	400g	1

These products are only available as a minimum order usually of 8 items. Please take care when generating a prescription, as depending on the manufacturer, one unit may equal one case i.e. 8 items.

The items need to be frozen usually on the day of delivery. It is the **patient's responsibility** to arrange that items are collected on time

The recommendation in east Kent is that practices should not issue further prescriptions due to failure to collect the food on time

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