

Medicines for dental conditions on FP10 (DROP-List)

Recommendation

- GPs should not accept requests from dentists to prescribe medicines that the dentist could reasonably prescribe themselves.
- GPs should not accept requests from patients to issue FP10 prescriptions for items prescribed on a private prescription by their dentist during dental treatment as a private patient.
- Patients should be advised of self-care measures and signposted to purchase over the counter remedies for dental conditions where appropriate.

Information is provided by PrescQIPP in one of a number of bulletins known as DROP-List (Drugs to Review for Optimised Prescribing). This bulletin focuses on the prescribing of medicines for dental conditions and provides the rationale for discontinuing their supply via General Practitioners (GPs) on FP10 prescriptions.

Background

Prescribing medicines is an integral aspect of many dental treatment plans. UK prescribing data shows that dental products are sometimes prescribed by GPs, and anecdotally GPs report receiving requests from dentists and patients to prescribe acute or repeat medicines for dental conditions. Examples include the prescribing of high-strength prescription-only fluoride toothpastes (Duraphat®), ulcer healing preparations, antibiotics and analgesics. A list of dental products which includes both OTC preparations and those on the Dental Practitioners' Formulary is provided in Appendix 1

GPs are responsible for all prescribing decisions they make and for any consequent monitoring that is needed as a result of the prescription given.

Involving GPs in prescribing medicines for dental conditions is usually unnecessary, and uses valuable appointments and GPs' time.

This does not affect a GPs ability to prescribe dental products where they are deemed to be an appropriate part of the care that the GP is providing for a patient, and where the GP is willing to take responsibility for that prescribing decision.

Data on products listed in appendix 1 will be provided to practices to support these actions

Approved by: East Kent Prescribing Group (Representing Ashford CCG, Canterbury and Coastal CCG, South Kent Coast CCG and Thanet CCG)

Date: May 2015

Address: c/o Canterbury and Coastal CCG, Ground Floor, Council Offices, Military Road, Canterbury, Kent, CT1 1YW

Contact: T: 01227 791267 | E: accg.eastkentprescribing@nhs.net

Appendix 1- Dental products (Includes both OTC preparations and those on the Dental Practitioners' Formulary)

Adcortyl In Orabase_Mth Ulcer Paste 0.1%
Adcortyl In Orabase_Oral Paste 0.1%
Aminoacridine/Lido HCl_Gel 0.05%/0.66%
Aminoacridine/Lido HCl_Gel 0.05%0.66%S/F
Anbesol_Adult Strgh Gel
Anbesol_Teething Gel
Benzydamine HCl_Mthwsh 0.15% S/F
Benzydamine HCl_Spy 0.15% 30ml S/F
Biotene Oralbalance_Dry Mth Moist Liq
Biotene Oralbalance_Dry Mth System C/Pk
Biotene_Dry Mth A-Bact Toothpaste (Orig)
Biotene_Dry Mth Dental Chewing Gum S/F
BioXtra_Chewing Gum
BioXtra_Gel Mth P/Spy 50ml S/F
BioXtra_Moist Gel For Dry Mth
BioXtra_Mth Rinse
BioXtra_Sucking Tab
BioXtra_Toothpaste
Bonjela_Cool Mint Gel 8.7% S/F
Bonjela_Gel 8.7% S/F
Bonjela_Teething Gel
Calgel_Teething Gel S/F
Chlorhex Gluc/Sod Fluor_Mthwsh .06/.05%
Chlorhex Glucon/Tetracai_Spy .05/.015%
Chlorhex Glucon_Gel 1% S/F
Chlorhex Glucon_Mthwsh (Mint) 0.2%
Chlorhex Glucon_Mthwsh 0.2%
Chlorhex Glucon_Spy 0.2% 60ml S/F
Choline Sal_Dental Gel 8.7% S/F
Colgate_Pro Gum Health Antis Mthwsh 0.2%
Corsodyl Daily Defence_Mthwsh
Corsodyl Daily_Mthwsh Cool Mint
Corsodyl Daily_Mthwsh F/Mint
Corsodyl_Dental Gel 1%
Corsodyl_Mthwsh (Mint) 0.2%
Corsodyl_Mthwsh 0.2%
Corsodyl_Mthwsh Alcohol Free 0.2%
Corsodyl_P/Spy (Mint) 0.2% 60ml
Covonia_Throat Spy 30ml
Dentinox_Teething Gel S/F
Dentogen_Clove Oil Gel
Dequaspray_P/Spy 2% 20ml
Difflam_Oral Rinse Soln 0.15%
Difflam_P/Spy 0.15% 30ml

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Diffiam_Sore Throat Rinse 0.15%
Duraphat_Daily Mthwsh
Duraphat_Fluoride Toothpaste (2800ppm)
Duraphat_Fluoride Toothpaste (5000ppm)
Eludril_A/Spy 55ml
Eludril_Mthwsh 0.1%
En-De-Kay_Daily Fluoride Mouthrinse
En-De-Kay_Fluorinse Mthwsh 2%
En-De-Kay_Fluotab 1.1mg
Fluor-A-Day_Tab Chble 2.2mg
Fluorigard Daily_Dental Rinse 0.05%
Fluorigard Daily_Dental Rinse 0.05% A/F
Gppe Dental Rinse_Oral-B
Gppe Gel_Calgel S/F
Gppe Mthwsh_Eludril
Hexetidine_Mthwsh 0.1% S/F
Hydrogen Per_Mthwsh 1.5%
Iglu_Oral Gel
Iglu_Rapid Relief Oral Gel
Lido HCl/Cetalkonium Chlor_Gel .33%/.01%
Lido HCl/Chlorocresol_Gel 1%/0.1%
Lido HCl/Chlorocresol_Gel 2%/0.1%
Lido HCl_Spy 2% 20ml
LidoHCl/Chlorhex Glucon_Spy .05%/.2%30ml
Medijel_Gel
Mthwsh_Soln Tab
Oral-B_Anti Plaque Mth Rinse Alc Free
Oraldene_Mthwsh (Icemint) 0.1%
Oraldene_Soln 0.1%
Peroxyl_Oral Rinse
Pyralvex_Soln + Brush
Salic Acid/Rhubarb Ext_Soln 1%/5%
Sod Chlor Co_Mthwsh
Sod Fluoride_Cap 20mg
Sod Fluoride_Dental Paste 0.619% S/F
Sod Fluoride_Dental Paste 1.1% S/F
Sod Fluoride_Mthwsh 0.05% S/F
Sod Fluoride_Mthwsh 0.11% S/F
Sod Fluoride_Mthwsh 0.2%
Sod Fluoride_Mthwsh 2%
Sod Fluoride_Oral Dps DPF 0.37%
Sod Fluoride_Tab 1.1mg
Sod Fluoride_Tab Chble 2.2mg S/F
UltraDEX_Oral Rinse

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