

## Acne preparations- quick reference sheet June 2016

Preparation	Active Ingredients	Formulation	Comedones	Papules	Pustules	Nodules / Cysts *	Pregnancy?	Formulary status	Cost Min. pack size	Therapeutic tips (NB Please check additional information on the PCDS web site*)
<b>Topical Retinoid</b>										
Differin	A	G, Cr	+++	++	+	+	C/I	On Formulary	£6.86	Better tolerated than Isotrex
Isotrex	Iso	G	+++	++	+	+	C/I	On Formulary	£5.94	
<b>Benzoyl Peroxide (BPO)</b>										
Acnecide	BPO	G,W		+++	+++	+	SPC	On Formulary	£5.44	Supply problems until end of 2016
Brevoxyl	BPO	Cr		+++	+++	+	SPC	On Formulary	£4.13	
PanOxyl	BPO	Aq, C, G, W		+++	+++	+	SPC	On Formulary		
Quinoderm	BPO	Cr		+++	+++	+	SPC	On Formulary	£1.25	
<b>Azelaic Acid 20%</b>										
Finacea	AA	G	+	++	++	+	SPC	On Formulary	£7.48	May be beneficial in patients with darker skin where acne can lead to hyperpigmentation. Primary use for Finacea is rosacea.
Skinoren	AA	Cr	+	++	++	+	SPC	On Formulary	£3.74	
<b>Topical Antibiotics</b>										
Dalacin T	C	TS, L, AI		++	+++		SPC	Exceptional use only	£4.34	Monotherapy with topical antibiotics is strongly discouraged.
Stiemycin	E	S, AI		++	+++		SPC		£7.69	
Zindaclin	C	G		++	+++		SPC		£8.66	
Zineryt	E	TS, AI		++	+++		SPC		£7.71	
<b>Topical Retinoid/BPO</b>										
Epiduo	A/BPO	G	+	++	+++	+	C/I	On Formulary	£19.45	No issue with antibiotic resistance. Irritation can be a problem. Pack=3 months treatment.
<b>Topical Retinoid/Antibiotic combination</b>										
Aknemycin Plus	Tret/E	S, AI	+	++	+++		C/I	On Formulary	£7.05	Resistance may limit the duration of treatment. Consider discontinuing if no response in 8-12 weeks.
Isotrexin	Iso/E	G, AI	+	++	+++		C/I	On Formulary	£7.47	
Treclin	Tret/C		+	++	+++		C/I	On Formulary	£11.94	
<b>Topical Antibiotic/BPO combination</b>										
Duac	C/BPO	G		++	+++		SPC	On Formulary	£13.14	
<b>Oral Antibiotics</b>										
Oxytetracycline 500mg				++	+++	+++	C/I	On Formulary	£1.00	Oral antibiotics should not be used as sole treatment and should be prescribed with a topical retinoid and/or a BPO to improve response and reduce antibiotic resistance. See PCDS site* for duration and options
Lymecycline 408mg				++	+++	+++	C/I	Preferred	£7.67	
Doxycycline 100mg				++	+++	+++	C/I	On Formulary	£3.40	
Doxycycline 40mg MR				++	+++	+++	C/I	Not Recommended	£15.98	
Erythromycin 500mg				++	+++	+++	SPC	On Formulary	£6.40	
Minocycline 100mg				++	+++	+++	C/I	Not Recommended	£12	
<b>Combined Oral Contraceptives (COCs)</b>										
Co-cyprindiol (Dianette)				++	++	++	C/I	On Formulary	£2.57	Only Dianette is licensed for acne but should only be used after topical therapy or systemic antibiotic treatments have failed.
Ethinylestradiol/ drospirenone (Lucette)				++	++	++	C/I	Exceptional use only	£3.11	
Ethinylestradiol/ drospirenone (Yasmin)				++	++	++	C/I	Not Recommended	£4.90	

\* Nodules/Cysts: treatment can be initiated, but patients should be referred.

Formulations; AI = Alcohol, Aq = Aquagel, Cr = Cream, G = Gel, L = Lotion, S = Solution, TS = Topical Solution, W = Wash.

Pregnancy; C/I = Contraindicated in pregnancy, SPC = check SPC for details of use in pregnancy.

Ingredients; AA = Azelaic Acid, A = adapalene, Iso= isotretinoin, C = clarithromycin, E = erythromycin,

Iso/E = isotretinoin / erythromycin, Tret/C = tretinoin / clarithromycin, Tret/E = tretinoin / erythromycin.

### Further information:

\*Healthcare professionals <http://www.pcds.org.uk/article/acne-primary-care-acne-treatment-pathway>

Patient information is available at <http://acneacademy.org/all-about-acne/what-is-acne/>