













# Incontinence skin care pathway B

This pathway is for patients/residents at risk or with existing skin damage due to the effects of incontinence (urine and/or faeces) on the skin

Step down

Step up

Clinical presentation**		Cleansing the Skin	Apply a Skin Protectant	When to use	How much to use
Prevention	<b>At risk of skin damage as patient is incontinent</b> No redness and skin intact 		 Cavilon Durable Barrier Cream	 Apply morning and evening	 Apply Cavilon Durable Barrier Cream in pea-sized amounts and apply a thin even layer
	<b>Mild Red*</b> but skin intact * Or paler, darker, purple, dark red or yellow in patients with darker skin tones. 		Use a pH balanced soap substitute (such as ZeroAQS emollient cream) or non perfumed soap as available	 Cavilon Durable Barrier Cream	 Apply morning and evening
Management	<b>Moderate Red*</b> with skin breakdown * Or paler, darker, purple, dark red or yellow in patients with darker skin tones. 		 Cavilon No Sting Barrier Film	Apply daily (Does not need re-applying after each wash or incontinence episode as barrier protection will last for 24 hours)	 Apply an even coat of film to the entire area to be treated
	<b>Severe Red*</b> with skin breakdown * Or paler, darker, purple, dark red or yellow in patients with darker skin tones. 		Use a pH balanced soap substitute (such as ZeroAQS emollient cream) or non perfumed soap as available. Only use Proshield Foam & Spray Cleanser if there is persistent diarrhoea	 Proshield Plus Skin Protectant	Apply after every incontinence episode

For clinical guidance please contact  
Tissue Viability Service  
kcht.tissueviability@nhs.net  
or 01795 562190. Pathway available via Flo on the Tissue Viability Page

For training and support on Cavilon Skin Care Products please contact  
3M training/support team at C3SD@mmm.com  
or 0330 0538938

For training and support on Proshield Products please contact H&R training/support team at emma.lloyd@hrhealthcare.co.uk

## Important considerations

- ▶ Ensure a full continence assessment has been completed
- ▶ Refer to GP/Prescriber if an infection is suspected. Cavilon Skin care products should not be used on infected skin
- ▶ **Follow the step up and step down approach – always ensure the product used is appropriate to the condition of the patient's skin**

\*\*IAD Severity Categorisation Tool taken from Beekman D et al. Proceedings of the Global IAD Expert Panel. Incontinence-associated dermatitis: moving prevention forward. Wounds International 2015.

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