

Referral to local pharmacy for hay fever treatment - No prescription required

Your GP practice has diagnosed you with a common condition, Hay fever, which can be treated with a medication that is available to buy over the counter from your local pharmacy.

You do not need to make an appointment to attend the pharmacy, just pop in anytime and they will be happy to help you.

Ask the pharmacist for help and advice on the most appropriate medication to relieve your symptoms of Hay fever or it recommended you purchase one of the products listed below:

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| <input type="checkbox"/> Cetirizine tablets or liquid | <input type="checkbox"/> Budesonide nasal spray |
| <input type="checkbox"/> Loratadine tablets or liquid | <input type="checkbox"/> Xylometazoline Hydrochloride nasal spray |
| <input type="checkbox"/> Fexofenadine tablets | <input type="checkbox"/> Fluticasone nasal spray |
| <input type="checkbox"/> Chlorphenamine tablets or liquid | <input type="checkbox"/> Sodium Cromoglycate eye drops |
| <input type="checkbox"/> Diphenhydramine tablets | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Beclomethasone nasal spray | |

If at any time you are concerned about your condition or if your symptoms are not improving after a few days of treatment with over-the-counter medications, you should contact the local pharmacist for more advice.