**Prescribing of Deodorant Sprays for Stoma Care**

**Position Statement**

**Kent & Medway ICB DO NOT recommend the prescribing of Deodorant Sprays in stoma care** .

With a correctly fitting stoma bag no odour should be apparent, except when the bag is emptied/changed.

If odour is present at times other than emptying/changing refer to stoma team for a review.

If deodorants are required for social reasons (e.g. for issues with odour when emptying or changing the bag), these should be purchased: air fresheners from supermarkets or deodorants online (search under ‘ostomy deodorants’)

**Recommendations**

• For all patients currently receiving Deodorant Spray on prescription move to acute and send attached patient letter.

• If there is an issue with Odour other than when emptying/changing refer to stoma team

**Rationale**

• Deodorant sprays are NOT on formulary and are NOT recommended by the K&M stoma teams

**Stoma Care Nurse Team Contact Details:**

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|  |  | [ekh-tr.stomasupport@nhs.net](mailto:ekh-tr.stomasupport@nhs.net) |
| Medway & Swale Stoma Office | Telephone: 01634 975291 | Email: |
|  | [medwayft.stomanurses@nhs.ne](mailto:medwayft.stomanurses@nhs.ne)  t  medwayft.stomanurses@nhs.net |
| Maidstone & Tunbridge Wells Stoma Office | Telephone: 01892632323 WeTTunbridge Wells | Email: |
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|  | [dgn-tr.stomacare@nhs.net](mailto:dgn-tr.stomacare@nhs.net) |

References:

1. [B105. Stoma prescribing (prescqipp.info)](https://www.prescqipp.info/umbraco/surface/authorisedmediasurface/index?url=%2fmedia%2f1665%2fb105-stoma-21.pdf)

2. [Deodorants-May-2017-new-logo.pdf (colostomyuk.org)](https://www.colostomyuk.org/wp-content/uploads/2017/05/Deodorants-May-2017-new-logo.pdf)

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| **Version** | 1.0 |
| **Developed by** | Medicines Optimisation Team, Kent & Medway Integrated Care Board  Stoma Care Clinical Nurse Specialists, East Kent, Medway & Swale, Maidstone & Tunbridge Wells, Dartford & Gravesham |
| **Date ratified** | V1 August 2024 (Medicines Optimisation Kent & Medway ICB), |
| **Review date** | The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed  upon request in the light of new evidence becoming available. |

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| **BNF Presentation** |
| Forest Breeze deodorant |
| Friends ostomy deodorant spray lemon |
| LiMone deodorant spray |
| NaturCare Breeze deodorant aerosol spray |
| NaturCare Fragrant deodorant aerosol spray |
| NaturCare Zest deodorant aerosol spray |
| Neutralise deodorant apple |
| Neutralise deodorant blackberry |
| Neutralise deodorant cinnamon & sandalwood |
| Neutralise deodorant grapefruit |
| Neutralise deodorant mint |
| Pelican Deo-Mint deodorant |
| Salts No-Roma deodorant |
| NaturCare Fragrant deodorant aerosol spray |

