

Zoely (nomegestrol/estradiol)

Recommendation

EKPG recommend that Zoely (nomegestrol/estradiol) is not routinely prescribed in primary care in East Kent as it was not felt to be cost effective.

Zoely (nomegestrol/estradiol) is a combined oral contraceptive. It is taken as a 24/4 regime (24 active tablets containing 2.5mg nomegestrol and 1.5mg 17beta-estradiol, followed by 4 inactive tablets)

In 2 RCTs acne, irregular withdrawal bleeding and weight gain were reported more often with nomegestrol/estradiol than with drospiridone/estradiol (yasmin).

The cost of Zoely for 3 months = £16.50

The EKPG felt that Zoely was not a cost effective option for routine prescribing in East Kent

Approved by: East Kent Prescribing Group (Representing Ashford CCG, Canterbury and Coastal CCG, South Kent Coast CCG and Thanet CCG)

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Address: c/o Canterbury and Coastal CCG, Brook House, John Wilson Business Park, Whitstable, CT5 3DD

Contact: T: 01227 791267 | E: accg.eastkentprescribing@nhs.net